



# HCT

Progressive, Innovative & Interactive Training



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## Programme Details

<b>Programme Title</b>	Challenging Behaviour
<b>Duration</b>	1 Day
<b>Accreditation</b>	Certificate of Attendance
<b>Number of Learners on programme</b>	16
<b>Specific Entry/Access and Exemptions Requirements:</b>	No Entry Requirements required for this programme
<b>Who should attend this course:</b>	Anyone involved in working with people with special needs

## Challenging Behaviour

**Programme Aim:** To provide learners with the opportunity to develop the knowledge, skills and competencies necessary to deal effectively with a situation where someone is presented with challenging behaviour. Candidates will benefit from having knowledge of how to recognise signs and symptoms of challenging behaviour within their working environment, identify causes and deal with situations using simple interventions to diffuse difficult and potentially aggressive situations.

### Participants of this programme will:

- Recognising challenging behaviour
- Understand the causes of challenging behaviour
- Introduction to the positive behaviour support model
- Becoming more effective when delivering with challenging behaviour

### Programme Content

- Definition of "Challenging Behaviour"
- Types of Challenging Behaviour
- Recognising potential triggers
- Understand why the behaviour becomes challenging
- Effective ways to deal with such situations

<b>Delivery Method</b>	Buzz Groups, Experiential Learning, Self Directed Learning, Learner Centred
<b>Certification Required</b>	Learners will be required to demonstrate their understanding of the content of the programme through a range of tasks including role play, exams and practical assessments
<b>Certification</b>	On Completion participants will receive a Certificate of Attendance
<b>Progression Route</b>	FETAC 5 Challenging Behaviour
<b>Specific Support Available</b>	A range of accommodations and supports are possible according to specific needs. This programme comes with a very comprehensive manual as an excellent source of reference after the programme. HCT are committed to providing support to learners where/when it is required. In all cases, participants will have to complete a reasonable accommodation request, for more information.
<b>Trainers</b>	Our trainers that deliver this programme consists of industry professionals with a passion for training, this experience provides them with up to date industry practices, which can be energetically delivered to learners.
<b>Required fluency in generic skills</b>	Generally learners engaging in learning activities are ready to take on a new task in a personal capacity or role. Learners can follow direction and are moving towards independent learning. Learners will have the ability to read basic short text in a non-supported environment and will be able to make sense of quantitative information within a familiar setting or unfamiliar task in a familiar setting.

# Challenging Behaviour Certification of Attendance