



HCT

Progressive, Innovative & Interactive Training



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Programme Details

Programme Title	Childcare Manual Handling
Duration	1 Day
Accreditation	Certificate of Attendance
Number of Learners on programme	16
Specific Entry/Access and Exemptions Requirements:	No Entry Requirements required for this programme
Who should attend this course:	Anyone involved in the lifting children

Childcare Manual Handling

Programme Aim: This programme has been designed to help enable participants to develop the knowledge and skills necessary to carry out all Childcare Manual Handling tasks in a safe and secure manner with an emphasis on injury prevention and encouraging safety within the work place .

Participants of this programme will:

- Capable of a number of Handling Techniques from a variety of positions (demonstrations and practice)
- Understand the main injuries that may occur with incorrect lifting
- Be familiar with the legislation regarding Manual Handling
- Have knowledge of Anatomy and bio-mechanics of the spine and muscles
- Develop and implement appropriate assessment methods

Programme Content

- Legal aspects
- Your Back-how it works,
- Your back what can go wrong,
- Good Back Care,
- Ergonomics,
- Handling Assessment and Principles of safer handling
- RSA- law on childcare seats
- Recovery position
- Lifting from low levels (Cots, seats, floor level)

Delivery Method	Buzz Groups, Experiential Learning, Self Directed Learning, Leaner Centred
Certification Required	Learners will be required to demonstrate there understanding of the content of the programme through a range of tasks including role play, exams and practical assessments
Certification	On Completion participants will receive a Certificate of Attendance
Progression Route	FETAC 5 Health and Safety at Work
Specific Support Available	A range of accommodations and supports are possible according to specific needs. This programme comes with a very comprehensive manual as an excellent source of reference after the programme. HCT are committed to providing support to learners where/when it is required. In all cases, participants will have to complete a reasonable accommodation request, for more information.
Trainers	Our trainers that deliver this programme consists of industry professionals with a passion for training, this experience provides them with up to date industry practices, which can be energetically delivered to learners.
Required fluency in generic skills	Generally learners engaging in learning activities are ready to take on a new task in a personal capacity or role. Learners can follow direction and are moving towards independent learning, Learners will have the ability to read basic short text in a non-supported environment and will be able to make sense of quantitative information within a familiar setting or unfamiliar task in a familiar setting.

Childcare Manual Certification of Attendance