



HCT

Progressive, Innovative & Interactive Training



Occupational 1st Aid Refresher

LEVEL 5



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QQI AWARD

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Occupational 1st Aid 5N1207

Programme Aim: This 1 Day Refresher programme has been designed to cover all the essential aspects of Occupational 1st Aid. The refresher programme is essential to complete every two years to continue as a First Aider. This programme will cover practical treatment skills for the purpose of preserving life or minimising injury and coordinate 1st Aid to include cardiac first responders training in automated external defibrillators (AEDs) and administering aspirin to patients while adhering to compliance with current legislation until the arrival of medical assistance. Our Occupational First Aid Certificates comply with the Safety, Health and Welfare at Work Act (General Applications 2007)

Participants of this programme will:

- Understand the responsibilities of the occupational first aider
- Be familiar with health and safety legislation on first aid provision in the workplace
- Be able to provide treatment for preserving life or minimising the consequences of injury until the arrival of medical aid
- Be able to provide treatment in the workplace for an injury which does not require the attention of a medical practitioner or nurse
- Be capable of coordinating first aid arrangements in the workplace
- Be registered as Occupational First Aiders with FETAC certification
- Up skill practical skills
- Valid for a period of 2 Years

Programme Content

- First aid in the workplace
- Patient assessment
- Respiratory emergencies
- Cardiac first response
- Wounds and bleeding
- Altered levels of consciousness
- Musculoskeletal injuries
- Burns and scalds, chemicals, electric shock.

Specific Support Available

A range of accommodations and supports are possible according to specific needs. This programme comes with a very comprehensive manual as an excellent source of reference after the programme

Programme level	This programme leads to a Level 5 on the National Framework of Qualifications
Progression and Credit Value	Any Major Award. You will receive a certificate of attendance
Duration	This programme will run for 1 contact days depending on the project and will require participants to complete some work in their own time
Who should attend this course	People seeking skills in or are looking to recertify their qualification as an Occupational 1st Aider
Required fluency in generic skills	Learners entering a programme leading towards an award at Level 5 will usually be proficient at reading, drafting, preparing and understanding information across a broad range of topics, including quantitative information. Learners may solve predictable problems well, independently and as part of a group. Learners participate well in a chosen area of expertise, using a range of tools and procedures, responsibly and autonomously.
FETAC Assessment	Participants who wish to achieve a FETAC Component Certificate must complete 80% Skills Demonstration and 20% Exam
Resources Required in Order to Successfully Complete the Module	Some personal learning / study time will be required from participants. Programme packs, Assessment Briefs and some equipment will be provided as a part of the programme
Specific Entry/Access & Exemptions required	A learner seeking entry to a programme leading to awards at level 5 will be required to have completed the Full FETAC Level 5 in Occupational 1st Aids and be using this as a refresher programme for 2 years.

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